

Max Performance Volleyball Club

NAIA Recruiting Rules:

NAIA National Office • 1200 Grand Blvd., Kansas City, MO 64106 • 816.595.8000 • Resources at www.naia.org/member-services

College coaches at NAIA schools are permitted to contact high school students as early as they would like to in their career — freshman, sophomore, junior year — that is all perfectly permissible, and they can contact them as many times as they think is appropriate in order to recruit the student to their institution.

NCAA Division 3 Recruiting Rules

Grade 9 and 10

Recruiting Material	You may receive brochures for camps and questionnaires. You can receive recruiting information and material from college coaches.
Telephone Calls	You can call the coach at your own expense. College coach can call you an unlimited number of times.
Off-Campus Contact	Not Permitted
Official Visits	Not Permitted
Unofficial Visits	Unlimited

As a Junior in High School

Recruiting Tactic	As a Junior
Recruiting Material	You can receive recruiting material and information from the coach.
Telephone Calls	You can call the coach at your own expense. College coach can call you an unlimited number of times.
Off-Campus Contact	Allowed after your Junior year.
Official Visits	Allowed beginning January 1st
Unofficial Visits	Unlimited

As a Senior in high school

Recruiting Tactic	As a Senior
Recruiting Material	You can receive material and information from the coach
Telephone Calls	You can call the coach at your own expense. College coaches can call you an unlimited number of times.
Off-Campus Contact	Allowed
Official Visits	You can start official visits on the opening day of your classes. You get one per college.
Unofficial visits	Unlimited

Other important Division 3 Recruiting information

When can I receive recruiting material from Division III schools?

College coaches at the Division III level have no rules regarding when they can send you printed material. If they see you at a tournament when you are in eighth grade, they can send you a letter that they are interested in your skills. It doesn't matter when but the Division II coaches have a lot of flexibility regarding how early they can start sending recruiting material. In most circumstances, most Division III coaches however do not send mail until after your junior season. There are exceptions but that is regarding most coaches.

Can I receive calls from Division III coaches?

Once again, coaches at this level are not regulated like Division I and II schools. These Division III coaches have no limit as to when they start calling you or when they can start. If a coach really wanted to, they can call you every day during your senior year. While the athlete may file charges of stalking, it would be legal by NCAA rules. As for when they would start calling, most usually call in the summer before your senior year or during your senior year. Many Division III coaches call because they want to build a relationship and also try to get you on their campus. Speaking with you on the phone and talking about it is a great way to go.

Can a Division III college coach make off campus contact?

Surprisingly, the NCAA does have rules regarding this for Division III coaches. A college coach at this level cannot have contact with you or your family until after your junior year. For example, the college coach cannot legally talk to you following a sporting until after your junior year. If you are being recruited by a lot of Division III coaches, expect many to make off campus contact after your games.

Can I make official visits?

The answer is that you can. There is no limit on the number of official visits to Division III schools but you can only make one official visit to each institution. You can receive costs of transportation, lodging, meals, reasonable entertainment within thirty miles of the school, three tickets to a sporting event, parking costs, and you are allowed to participate in workouts as long as the coaches are not around. These can happen any time starting the opening day of classes during your senior year.

Can I make unofficial recruiting visits?

You are allowed as many unofficial visits as you would like to take. You are the one paying for them so if a school is really interested in you, they would love to bring you on campus as much as possible.

- Division III does not have any rules on the number of evaluations/contacts per student-athlete.
- College coaches cannot contact you on competition or practice days until your event is finished, and you are dismissed by the proper authority (like your high school coach or athletic director).
- During a contact period college coaches can make only one visit per week to your high school.
- A college coach can evaluate a potential recruit at all-star games throughout the year. There are no limitations for the college coach except that the game has to occur within the state that their university is located.

NCAA Division I and II Recruiting/Eligibility Calendar

Grade 9 – PLAN (Freshman Year)

- Start planning now: Earn the best grades possible.
- Ask your counselor for a list of your high school's NCAA-approved core courses to make sure you take the right classes
- Find your high school's list of approved NCAA-approved courses at NCAA.org/courselist

Grade 10 – REGISTER (Sophomore Year)

- Register with the NCAA Eligibility Center at eligibilitycenter.org
- If you fall behind, ask your counselor for help with finding approved courses.
- You may receive brochures for camps, questionnaires, and recruiting publications this year.
- You may make calls to the coaches at your expense only. A college coach may not call you.
- You may make an unlimited number of unofficial visits except during a dead period, but no official college visits.

Grade 11 – STUDY (Junior Year)

- Check with your counselor to make sure you are on track to complete the required number of NCAA-approved courses.
- Take the ACT or SAT and submit your scores to the NCAA Eligibility Center using code 9999.
- At the end of the year, ask your counselor to send or upload your official transcript to the NCAA Eligibility Center.
- Make sure you are on track to graduate on time with your class.
- Beginning Sept. 1st of your junior year, all forms of correspondence is permissible. You may also start receiving recruiting materials Sept. 1st.
- You can still make calls to the coach at your expense.
- College coaches may call you after Sept. 1st.
- Off Campus contact can be made after July 1st of your junior year.
- No official visits, but you can make an unlimited number of unofficial visits except during a dead period.

Grade 12 – GRADUATE (Senior Year)

- Complete your final NCAA core courses as you prepare for graduation.
- Take the ACT or SAT again, if necessary and submit your scores.
- Request your final amateurism certification beginning April 1 (fall enrollees) or Oct. 1 (spring enrollees) in your NCAA Eligibility Center account.
- After you graduate, ask your counselor to send or upload your final official transcript with proof of graduation to the NCAA Eligibility Center.
- Only students on an NCAA Division I or II school's certification request list will receive a certification.

- Recruiting materials and off campus contact is allowed.
- Official Visits are allowed beginning the opening day of classes your senior year.
- You may make only 1 official visit per college and up to a maximum of 5 official visits to Division I colleges. There is no limit to official visits to Division II colleges
- A college coach may contact you or your parents/legal guardians not more than 3 times.
- All forms of electronic correspondence permissible September 1 of your junior year.
- And you make still make calls to the college coaches at your own expense.